

JOIN US

OACAO 2026 WEBINARS CAPACITY BUILDING



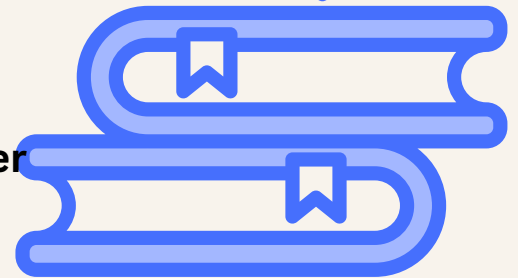
This is a FREE Webinar for Seniors Active Living Centres and OACAO Members staff, older adult members and volunteers. Participation can be done Virtually (with live multilingual captioning) or by Telephone.

Join us for the next Capacity Building Workshop

BUILDING A HEALTH-LITERATE COMMUNITY TO SUPPORT HEALTHIER SENIORS

Learn why health literacy is the solution to close these gaps and how it could transform community hubs into primary navigation nodes.

- Discover practical health literacy strategies to integrate into existing center programming
- Learn how to empower seniors to navigate healthcare systems and self-advocate confidently
- Position your senior center as an essential partner to local primary care teams



Presented by

Dr. Gupta's 
Curious & Creative Lab
Translating Science for Healthier Lives



November 12th
1:30 - 2:30pm

Please register in Advance

<https://oacao.wildapricot.org/event-6859937>

For More information contact the OACAO

Funding provided by:



905-584-8125 or
Toll Free 1-866-835-7693



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Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

