

55+ Thrive

Health & Wellness Fair

Free Admission • Everyone Welcome



Wednesday, October 14, 2026
10:00 AM - 2:00 PM



Kemptville Municipal Centre
285 CR 44, Kemptville



**Free Light Lunch
and Refreshments**



Exhibitor Fair



**Presentations
throughout the day**



**Grab your 55+
Health Passport**



**HEARING
CLINIC**



DOWNSIZING



**ESTATE
PLANNING**



**FRAUD
PREVENTION**

EXPLORE. LEARN. CONNECT.

Explore local services, try interactive activities, meet community experts and hear practical presentations to help you live well, stay connected and plan ahead.

Visit stations • Collect stamps •
Complete your passport • Enter to win!



Funding provided by:

