



Lets all meet at the
SENIORS
ACTIVE LIVING FAIR



 **Friday, October 16, 2026**
12 PM - 4 PM

 **HAVELOCK SENIOR CITIZENS BUILDING**
10 GEORGE STREET, WEST
Havelock



Older Adult Centres' Association of Ontario
 Association des centres pour aînés de l'Ontario

OACAO
 The Voice of Older Adult Centres
 La voix des centres pour aînés



Funding provided by:



turn over for
HAVELOCK SENIORS-SHOWCASE LINEUP

For more information contact Jan at 705-778-2386 or havelock.seniors@gmail.com

SENIORS ACTIVE LIVING FAIR SHOWCASE

Showcase Workshop Schedule

Health	Speaker	Time
1. Regional Development Advisor for Ministry Tourism Culture and Gaming	1. Donna Lynn Clarke	12:30-12:45
2. Community Care and how to access them	2. Tammy Ross	2:15-2:30
3. Foot Care & Diabetes	3. Stephaie Richardson	12:45-1:00
4. Campbellford Hospital	4. Sharri Gottschalk	1:00-1:15
5. Hospice Norwood	5. Edna Latone	1:15-1:30
6. Bretts Funeral Home	6. Dave	1:30-1:45
Housing	Speaker	Time
1. Mapleview Retirement Residence	1. Cindy Magriskin/Tiffany	1:45-2:00
2. Re/Max Real Estate Agent	2. JJ Hudson	2:00-2:15
Legal Items	Speaker	Time
1. Lawyer - Wills, Powers of Attorney, Substitute Decision Making	1. Wallace Brown	1:30-1:45
Emergency Preparedness	Speaker	Time
1. OPP - Elder Abuse/Frauds and Scams	1. Daniel Gay	3:00-3:20
2. Havelock Belmont Methuen Fire Dept	2, Ray Haines	3:20-3:30
Staying Active and Connected	Speaker	Time
1. Intro to Chair Yoga	1. Melissa	3:30-3:45
2. The Mens Shed	2, Eric	3:45-4:00
3. Alzheimers	3. Chris VanLouven	2:30-2:45
4. Age Friendly Peterborough	4. Sarah Bass	2:45-3:00