



Seniors Healthy Living Workshop

Join us for workshops on health, technology, planning, and community!

Where & When:



September 26, 2026



Virtual Event (Zoom)



Session 1: 10am - 12pm

Session 2: 1pm - 3pm

Visit our website or scan the QR code to register for free!

Questions? Contact Us:



yorkeducation.org/senior-fair



programs@yorkeducation.ca

Featuring:

- Digital Literacy
- Health & Wellness
- Active Living
- Financial Planning
- Community Support

SCAN
ME



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:

