

Seniors Active Living Fair

Join us for a fun-filled afternoon of social activities and networking, hosted by the Active Living team.



September 11, 2026



11:00 AM – 3:00 PM



1 Overland Dr, Toronto M3C 2C3

Meet our exhibitors showcasing:

- Community resources
- Health and wellness information
- Healthy snacks
- Giveaways



For more information, please contact our Active Living Programs team:
frontdesk@betterlivinghealth.org or 416-447-7244 ext.622



Funding provided by:



Better Living Community Centre, in partnership with the Older Adults Centres' Association of Ontario (OACAO), and sponsored by the province of Ontario