

JOIN US

OACAO 2026 WEBINARS
CAPACITY BUILDING



This is a **FREE** Webinar for Seniors Active Living Centres and OACAO Members staff, older adult members and volunteers. Participation can be done **Virtually** (with live multilingual captioning) or by Telephone.

Join us for the next Capacity Building Workshop

**HUMAN CONNECTION:
BUILDING A CULTURE WHERE ORGANIZATIONS, OLDER
ADULTS AND COMMUNITIES THRIVE**

Do you ever notice some older adults staying on the sidelines of your programs, feeling that vague sense of disconnection even in a busy community center?

Join us for an eye-opening session, where we explore how fostering human connection can dramatically improve older adults' well-being- and how to weave practical strategies of connection into your everyday programming.

This Workshop Will Help You:

- Enhance Program Impact: Equip yourself with practical tools to make every program a connection opportunity.
- Gain insights into the often-overlooked effects of disconnection and how your programs can address them.
- Leave with concrete strategies to create and maintain fulfilling connections through the programming you already offer.



Presented by



Please register in Advance

<https://oacao.wildapricot.org/event-6623317>

**Wednesday
May 13th
1:30 PM**

For More information contact the OACAO



**905-584-8125 or
Toll Free 1-866-835-7693**



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Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



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