

JOIN US

OACAO 2026 WEBINARS

CAPACITY BUILDING

Wednesday
May 27th

10:00 am – 11:15 am
EST



This is a **FREE** Webinar for Seniors Active Living Centres and OACAO Members staff, older adult members and volunteers. Participation can be done Virtually (with live multilingual captioning) or by Telephone.

Helping Caregivers Navigate to Support:

A guide to connecting Caregivers to Ontario Caregiver Organization's Programs and Service

In Ontario, there are 4.2 million caregivers providing essential support to their family members, partners, friends, and neighbours. In order to do so, they often need support themselves such as help navigating services, managing stress and wellbeing, and getting connected to other caregivers. Service providers are frequently the first point of contact for caregivers, and can play an important role in helping them access the right supports.

Highlights Include:

- An overview of the Ontario Caregiver Organization including the free programs and resources available to caregivers across the province.
- What the Ontario Caregiver Organization offers and how to support caregivers in navigating to the right supports for them

Presented by:



Please register in advance:

<https://oacao.wildapricot.org/event-6623388>

For More information contact the OACAO



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Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:

