

# JOIN US

## OACAO 2026 WEBINARS CAPACITY BUILDING



This is a **FREE** Webinar for Seniors Active Living Centres and OACAO Members staff, older adult members and volunteers. Participation can be done **Virtually** (with live multilingual captioning) or by Telephone.

### Join us for the next Capacity Building Workshop

## BOOST YOUR CYBER SECURITY AWARENESS— ESSENTIALS FOR STAYING CYBER SAFE

Join Ontario's **Cyber Security Centre of Excellence** on for an informative session on the essentials for staying cyber safe in today's digital world.

The session will walk through:

- cyber security basics such as multi-factor authentication, password best practices and everyday cyber hygiene.
- Explore the human side of cyber security, including social engineering and how AI is being used in modern-day cyber scams.



### About the Presenter:

CYBER SECURITY  
**CENTRE OF  
EXCELLENCE**

Ontario's Cyber Security Centre of Excellence helps educate Ontario government ministries and broader public sector organizations about cyber security and best practices to keep Ontarians' information safe and secure. They provide advice, guidance, information and services to strengthen digital resilience while meeting digital service delivery expectations.

This session will be led by Graeme Abrahams, a Senior I&IT Specialist with over 20 years of experience helping organizations strengthen their cyber resilience through practical training, incident response planning and risk-focused security guidance. He is a Certified Information Systems Security Professional (CISSP) and Certified Information Security Manager (CISM) with experience advising senior leaders and executives on cyber security programs, IT strategy, and operational initiatives.

Please register in advance

<https://oacao.wildapricot.org/event-6613475>

**Wednesday  
April 15th  
1:30 PM**

For More information contact the OACAO



**905-584-8125 or  
Toll Free 1-866-835-7693**



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Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

**OACAO**  
The Voice of Older Adult Centres  
La voix des centres pour aînés



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