

THE NEIGHBOURHOOD GROUP ANNUAL SENIOR HEALTH FAIR

WEDNESDAY MARCH 4TH 2026

10:00 AM – 2:00 PM

ROYAL CANADIAN LEGION

1083 PAPE AVENUE



JOIN US FOR A FUN AND INFORMATIVE DAY DEDICATED TO
SENIORS' HEALTH AND WELLNESS!

HIGHLIGHTS INCLUDE:

ENGAGING ACTIVITIES

INFORMATIONAL PRESENTATIONS

HEALTH & NUTRITION RESOURCES

FREE RAFFLES & PRIZES

DELICIOUS FOOD



RSVP to Amanda Capes
(amanda.capes@tngcs.org/416 925 2103 ext. 3153)
by Friday February 20th