



CENTRAL NEIGHBOURHOOD HOUSE
NEIGHBOURHOOD LINK
ST. STEPHEN'S COMMUNITY HOUSE

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:



THE NEIGHBOURHOOD GROUP ANNUAL SENIOR HEALTH FAIR

WEDNESDAY MARCH 4TH 2026

10:00 AM – 2:00 PM

ROYAL CANADIAN LEGION
1083 PAPE AVENUE



JOIN US FOR A FUN AND INFORMATIVE DAY DEDICATED TO
SENIORS' HEALTH AND WELLNESS!

HIGHLIGHTS INCLUDE:
ENGAGING ACTIVITIES
INFORMATIONAL PRESENTATIONS
HEALTH & NUTRITION RESOURCES
FREE RAFFLES & PRIZES
DELICIOUS FOOD



RSVP to Amanda Capes
(amanda.capes@tngcs.org / 416 925 2103 ext. 3153)
by Friday February 20th