

Seniors Information & Active Living Fair

Friday March 6th, 2026



9:00 am– 2:00 pm

- ★ Entertainment
- ★ Presentations
- ★ Trade Show
- ★ Door Prizes

Join us for a fun and informative day.
Learn about programs and services
available to seniors in our community.

First 100 people to register receives a **FREE lunch**

Registration Deadline: March 5th, 2026 Check in by 10 AM to
qualify for your FREE lunch!



140 Durham Street, Sudbury, Ontario



705-673-6227



Email: John Richer @ john.richer@greatersudbury.ca

the
ParkSide
centre

CARP
CANADIAN ASSOCIATION
OF RETIRED PERSONS

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario
OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés

Est. 1973
50
years of service

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