

ACTIVE LIVING HEALTH & WELLNESS FAIR 2026



- Thursday, March 12, 2026**
- 11:00 a.m. – 3:00 p.m.**
- 5 Deauville Lane, Toronto, ON M3C 0J8**

Better Living is hosting an informative and fun day with FREE workshops, demonstration, healthy snacks, and exhibitors featuring unique services and programs to keep you healthy, active and independent!

For more information:

(647)350-6077 or deauvillesalc@betterlivinghealth.org

 **BetterLiving**

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario
OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés

Est. 1973
50
years of service

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Better Living Community Centre, in partnership with the Older Adult Centres' Association of Ontario (OACAO), and with support from the Province of Ontario.