

ACTIVE LIVING HEALTH & WELLNESS FAIR 2026



Thursday, March 12, 2026



11:00 a.m. – 3:00 p.m.



5 Deauville Lane, Toronto, ON M3C 0J8

Better Living is hosting an informative and fun day with FREE workshops, demonstration, healthy snacks, and exhibitors featuring unique services and programs to keep you healthy, active and independent!

For more information:

(647)350-6077 or deauvillesalc@betterlivinghealth.org



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



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