

AGING WELL IN WOOLWICH

INFORMATION & ACTIVE LIVING FAIR

WEDNESDAY FEBRUARY 4, 2026

10AM - 2:30PM

BRESLAU COMMUNITY CENTRE (100 ANDOVER DR., BRESLAU ON)

RSVP by Wednesday January 21, 2026

To RSVP, please call:

519-664-1900 | 1-855-664-1900

Door prizes will be drawn throughout
the events of the day

Special Guest Speakers:

Greg Shaikovich - Brain Injury Association of Waterloo-Wellington

Heather Zschocke - Waterloo Regional Police

Kristy Kastelic - Ministry of Transportation

Agenda

Theme: Digital Literacy and Cyber Security Awareness

9:30-10am	Arrival & Vendors
10 - 10:15am	Opening Remarks
10:15 - 10:45am	Greg Shaikovich - Staying Safe Online: Internet Safety and AI Basics
10:45-11:15am	SMART Exercises
11:15am - 11:30am	Stretch Break / Vendors
11:30am - 12:30pm	Constable Heather Zschocke - Scams & Fraud
12:30-1:15pm	Complementary Lunch
1:15 - 1:45pm	Kristy Kastelic - Safe Driving for Seniors
1:45 - 2:30pm	Closing Remarks & Vendors

This event is hosted by The Township of Woolwich in partnership with the Older Adult Centres' Association of Ontario (OACAO) and sponsored by the Ministry for Seniors and Accessibility.



Funding provided by:

