

Sunshine Centres for Seniors

# Seniors Active Living Fair

February 26, 2026

10:30am - 3:00pm

The 519

2<sup>nd</sup> Fl Ballroom

519 Church St



## Agenda:

**10:30 am - 1:00pm** Trade Show

**10:45am** Opening Remarks

**11:00am** Consumer Protections  
Presentation

**12:00pm** Light lunch & refreshments

**1:00pm** Elder Prevention Presentation

**2:15pm** Sing-Along

**2:45pm** Closing Remarks

## What to expect:

- Free Admission & Healthy Snacks
- 12+ Exhibitors
- Health clinic & screenings
- Guest Speakers & Demonstrations

Contact us today to  
learn more

 **416-924-3979**

 **info@sunshinecentres.com**



The Seniors Active Living Fair is being hosted by Sunshine Centres for Seniors in partnership with the Older Adult Centres' Association of Ontario with funding provided by the Government of Ontario.



**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés

Funding provided by:

