COMMUNITY SUPPORT CENTRE OF ESSEX COUNTY presents

## ESSEX SENIORS ACTIVE LIVING FAIR 32 Russel St. Essex, ON N8M 1G3

FRIDAY FEB 6, 2026 10AM -2PM

Enjoy a FREE, fun, and informative day filled with valuable resources, local experts, and personalized tips for your healthiest, happiest life.



Discover resources & services for seniors



Gain health & wellness guidance



**Connect with local businesses**& organizations



Attend informative workshops & health presentations

**Questions? Contact us!** 

Call: 519-728-1435 ext. 217

Email: tanis.jaques@communitysupportcentre.ca



Older Adult Centres' Association of Ontario Association des centres pour aînés de l'Ontario

**OACAO** 

The Voice of Older Adult Centres



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