



Adult 55+ Active Living Fair

Saturday, Feb. 7, 2026 from 10 a.m. to 2 p.m.

Burlington Seniors' Centre, 2285 New St., Burlington

We're excited to invite you to a lively community event celebrating active living for older adults. Discover services, resources, and opportunities designed just for you – from home care and volunteer programs to regional and municipal services, and so much more. Enjoy a free warm lunch from our Bistro as you connect with friends and neighbours in a fun, welcoming atmosphere. Don't miss this chance to celebrate active living together!

Adult 55+ Active Living Fair Event Schedule:

- Tradeshow: 10 a.m. to 2 p.m.
- Educational Seminars: 11 a.m. to 1:30 p.m.
- Bistro Service: 10 a.m. to 2 p.m., lunch served from 11:30 a.m. to 1:30 p.m.

The Burlington Seniors' Centre is conveniently located on Burlington Transit's Route 4 and 10. Using a PRESTO card, Seniors 65 years of age or older ride the bus for free every day!



Use Google Maps to plan your trip or call Burlington Transit's customer service line at 905-639-0550.

For more information contact adult@burlington.ca

burlington.ca



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