

Sunshine Centres for Seniors

Seniors Active Living Fair

November 20, 2025

9:30am to 1:30pm

Wellesley Community Centre

2nd Fl Recreation Room

495 Sherbourne St

What to expect:

- Free Admission & Healthy Snacks
- 10+ Exhibitors
- Hearing Screening Tests
- Guest Speakers & Demonstrations

Agenda:

9:30 am - 12:30pm Trade Show

10am Welcome & Sing-along

11:30am Light lunch & refreshments

12pm Music Therapy Demonstration

12:50pm Fire Safety Workshop

1:20pm Closing Remarks



Contact us today to
learn more



416-924-3979



info@sunshinecentres.com



The Seniors Active Living Fair is being hosted by Sunshine Centres for Seniors in partnership with the Older Adult Centres' Association of Ontario with funding provided by the Government of Ontario.



OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Funding provided by:

