

Older adults, caregivers, family members,
and the community

Senior Active Living Fair

Saturday, November 29, 2025

10:30am-2:30pm

Red Lake Legion

Fitness Demonstrations

Community Partners

Wellness Clinics

Swag Bags

Healthy Living Resources & Information

Free Light Lunch - Chili and Bannock

Join us for Red Lake's first Senior Active Living Fair!

Grab a swag bag and some chili and bannock
join in one of the fitness demonstrations check out the
amazing services and information available in Red Lake!



Venue Sponsored by: Red Lake Legion
Bannock provided by: The Red Lake Indian Friendship Centre

