

SENIORS ACTIVE LIVING FAIR

Presented by DELMANOR Elgin Mills



**FRIDAY,
NOVEMBER 7
10 A.M. – 2 P.M.**

**THE MCCONAGHY
CENTRE
10100 Yonge Street**

Join us to learn about the benefits of healthy living and the importance of exercise, nutrition, safety and security. There will be a panel of presenters as well as a trade show and a light lunch will also be served.

Adults
55+
Better Than Ever

**FREE
EVENT**

REGISTRATION CODE: 133009

Register at any community centre or online at
RichmondHill.ca/ActiveRH

RichmondHill.ca/Seniors

We acknowledge and thank the Government of Ontario for the funding provided to the Older Adult Centres' Association of Ontario for the implementation of the 2024 - 2025 Seniors Active Living Fair project. For more information, please email adults55@richmondhill.ca or call 905-737-1818.



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