



SENIORS HEALTH FAIR

Friday
October
17th

Stay Active, Stay Healthy, Stay Connected

Come discover and learn about programs that keep seniors healthy, active, and independent. Stay engaged and connected

Enjoy

- Live music and entertainment
- Lunch and refreshments
- Games, prizes, and giveaways
- Health screenings and wellness information

Warden Woods Community Centre
74 Firvalley Court, Scarborough

10.00 AM-2.00 PM

WWW.WARDENWOODS.COM

For more information: Nickif@wardendenwoods.com 416 694-1138 ext.140