

# SAVE THE DATE!



UNIONVILLE COMMUNITY CENTRE FOR SENIORS (UCCS)

## SENIORS ACTIVE LIVING FAIR

WEDNESDAY, OCTOBER 1, 2025

10:30 PM - 2:30 PM

UNIONVILLE COMMONS

4310 HIGHWAY 7, MARKHAM, ON L3R 6N2

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UCCS is delighted to present our annual Seniors' Active Living Fair in collaboration with the Older Adults Centres Association of Ontario (OACAO) and the Ministry for Seniors and Accessibility (MSAA).

This event offers an excellent opportunity for our older adult community to discover more about health, wellness, and available local resources while fostering connections. Attendees can look forward to engaging presentations and demonstrations, complimentary blood pressure checks, as well as healthy snacks and refreshments!

WE CAN'T WAIT TO SEE YOU THERE!

For further details or to reserve your spot, please reach out to us at:

Phone: (437) 431-2831 | Email: [uccs@uhs.on.ca](mailto:uccs@uhs.on.ca)



Funding provided by:

