



HEALTH, WELLNESS, AND INFORMATION FAIR FOR OLDER ADULTS

Join us as we host local organizations and non-profits to share information about their businesses and what they offer our older adult community.

- Guest speaker series
- Information booths
- Healthy snacks and refreshments
- Door prizes
- Much more!

Wednesday, October 1 | 10 a.m. to 2 p.m.

East Gwillimbury Sports Complex
(1914B Mount Albert Road, Sharon)

SPEAKER SESSIONS:

10:30 a.m. **Chiropractor, Dr. John Ryan Lau**
Beneficial Supplements for Older Adults

12:30 p.m. **Ontario Securities Commission**
Frauds and Scams



**FREE
EVENT**



In partnership with
East Gwillimbury
55'n UP Club



Funding provided by:

