



NCCEEP
NIGERIAN CANADIANS FOR CULTURAL, EDUCATIONAL & ECONOMIC PROGRESS

Seniors' Active Living Fair



Fair Will Include

- Chair and Dancing Exercises
- Cybersecurity and Fraud Workshop
- Physical Health Demonstration
- Healthy Lunch and Refreshments
- Health and Seniors Vendors
- Local Politicians
- Local Health Unit
- Door Prizes/Draw



**To be a vendor,
contact us at:
info@ncceep.com**

FREE

Date

Saturday October 4, 2025

Time

1-5pm

Location

BCCEEP Centre

1356 Tecumseh Rd W



We encourage
all seniors,
caregivers, and
families with
seniors to join
us for this
informative
Living Fair

For more information please
contact us at:

info@ncceep.com
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In partnership with the Older Adults Centres' Association of Ontario, and BCCEEP with funding provided by the Government of Ontario



OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Funding provided by:

