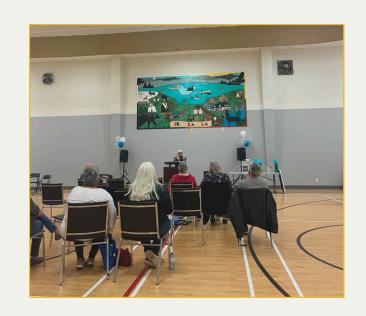
50+ ACTIVE





DATE
23.10.2025

THURS. OCTOBER 23 FROM 1 PM - 6 PM



REGISTER IN ADVANCE FOR YOUR CHANCE TO WIN A DOOR PRIZE - 613-625-2259 EXT. 241 OR HCC@PIKWAKANAGAN.CA



EVENT HIGHLIGHTS:

- HEALTHY DINNER
- GUEST SPEAKERS
- ACTIVE LIVING DEMONSTRATIONS
- PRIZES AND GIFT BAGS





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