

West Lincoln

Seniors' Active Living & Information Fair

Friday, September 26, 2025
9:30 a.m. until 2:30 p.m.
West Lincoln Community Centre
177 West St., Smithville
Contact: 905-957-3346 ext. 6726

westlincoln.ca/agefriendly

Guest
Speakers
AM + PM

Light
Healthy
Lunch

40
Storefronts
plus

Active Sessions/
Demonstrations

West Lincoln
Your Future Naturally



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Est. 1973

50⁺
years of service

Funding provided by:

Ontario

