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Ajax Community Centre | HMS Room | 75 Centennial Road

FREE

Sept. 13, 2025 | 10 a.m. to 2 p.m.

55+ Wellness and Information *Fair*

**Fitness
Demos**

**Community
Vendors**



**Refreshments
and more!**

ajax.ca/55plus



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario
OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés



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Ontario