

ACTIVE LIVING & WELLNESS FAIR

Friday, September 12th, 2025 10:00 am - 3:00 pm

Presentations & Exhibitor's Expo

Lakeshore United Church Hall

56 North St. Goderich

Break for lunch from 12:00pm-1:00pm

**Join us for a celebratory barbeque
at the MacKay Centre marking
45 years as a seniors active living centre!**

Registration
Required to
Receive your
B-bq Ticket

10 Nelson St. Goderich

Remarks start at 11:50

Are you wondering about:

- *Aging Safely at Home?
- *Driving safely?
- *Fraud/Scams?
- *Brain Health



FREE EVENT

To Register, Contact

Mackay Centre for Seniors

519-524-6660/

mackaycentre@hurontel.on.ca

Alzheimer Society Huron Perth

1-800-561-5012/info@alzhp.ca



PRESENTATIONS BY:

Ministry of Transportation,

The Alzheimer Society, Osteoporosis
Canada.

AND MORE!



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:

