



Life After Fifty
presents

BeWellExpo

HEALTHY LIVING EXPO FOR
ADULTS IN WINDSOR/ESSEX

2025

EXPLORE LOCAL WAYS TO
BE FIT, SOCIAL AND WELL!

SATURDAY
SEPT. 27

9AM - 2PM

FREE ADMISSION
FREE LIGHT LUNCH

- ✓ Fun class demos
- ✓ Speakers/panel discussions
- ✓ Interactive info tables
- ✓ Wellness products & services
- ✓ Free Health Screenings
- ✓ Crafts & jewelry sales
- ✓ **FREE LUNCH** Refreshments, sandwiches & wraps
- ✓ Walk, Talk & Stroll - Collect pledges, Win prizes!

**Location: Arbor Memorial,
Victoria Greenlawn**

**1525 Hwy ON-#3
Free Shuttle Bus Service**

(519)254-1108 www.LifeAfterFifty.ca/BeWellExpo

EVENT PROCEEDS SUPPORT PROGRAMS & SERVICES FOR OLDER ADULTS AT LIFE AFTER FIFTY

SPONSORED BY:



Arbor
Memorial



Older Adults Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés



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Ontario

