







## Join Us for the Health, Wellness & Volunteer Fair This September!

Enjoy demos, info sessions, giveaways, and more!

Meet local professionals, explore programs, and discover services for healthy aging. LOOKING TO GIVE BACK? Learn about volunteer opportunities and how to get involved.

Everyone's welcome-don't miss out!

## For more information:

Front Desk at 416-447-7244 Ext. 622 or frontdesk@betterlivinghealth.org





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