



The Older Adult Centres' Association of Ontario (OACAO), founded in 1973, is a non-profit organization providing resources, expertise and leadership to Older Adult Centres, Seniors Active Living Centres (SALCs) and senior groups through advocacy, education, networking, and innovative direction. The Association has a membership of over 250 Centres, organizations and individuals involved in working with over 200,000 older adults across Ontario.

Seeking Presenters for OACAO 2025 Annual Conference

The OACAO Conference Planning Committee would like to invite leaders, educators, researchers, managers, seniors, and students to submit a proposal for presentation at our annual conference **AGING WELL: Embrace Challenge, Inspire Change**, to be held in-person **Sunday November 2 to Tuesday November 4, 2025 in Mississauga.**

Speaking at the 2025 OACAO Aging Well Conference provides you with an opportunity to share and exchange new approaches and information in the areas of older adults and Seniors Active Living Centres (SALCs). You will gain recognition as an expert in the field at the conference and beyond. Our conference has experienced growth each year and we expect attendance of over 175 staff & volunteer leaders from all over Ontario.

This year's theme **Embrace Challenge, Inspire Change**, provides the opportunity to build the future of Senior Active Living and Older Adult Centre programming, welcomes new collaborations and opportunities to activate new innovative ideas for the sector. The OACAO Conference encourages personal and professional development through inspiring and informative learning experiences.

Proposals should support staff and older adult volunteer leaders from municipal and not-for-profit SALCs and older adult centres to Embrace Challenge and Inspire Change, in one of the following streams. Relevant proposals will be considered for all streams:

Technology & Outreach: AI, digital platforms, personalized tech education for seniors, including online outreach to combat social isolation.

Social Prescribing & Collaboration: Community-based health initiatives, including green prescribing, tailored programs, and engagement with healthcare professionals.

Organizational Development: Policy and procedure development (risk, governance, advocacy), diversity/inclusion initiatives, and capacity building through fundraising, program evaluation, leadership, and volunteer management.

Future-Focused Programming: Addressing the evolving needs of older adults by developing innovative programs (eg.: Food and mood, seniors boxing, what is the next trend?)



Presentation Formats

A. Workshop Presentations – English

Sessions **delivered in English** that are between 30 minutes – 75 minutes in length and should allow for a presentation, interaction, and question & answer period or discussion with participants. Most workshop presentations will take place on Monday, November 3rd, 2025. Some topics may be offered on Sunday November 2 or Tuesday November 4, 2025

B. Ateliers présentés en français

Des sessions en français d'une durée de 30 à 60 minutes dans lesquelles nous y retrouvons une présentation, une interaction avec les participants, une période de questions et réponses suivi d'une occasion d'échanges. Ces ateliers auront lieu dimanche 2 Novembre 2025

C. Keynote Presentations – English

Keynote presentations are offered on both Monday and Tuesday of the conference for approximately one hour. If you feel your presentation could be offered as a keynote (energetic, engaging and of interest to our FULL delegation) please select the applicable box in the application form.

E. Lightning Talks

Lightning Talks are **quick** 7 – 10 minute presentations that are intended to share creative ideas and trends, innovative solutions, and inspiring approaches for cutting edge, “think outside of the box” results to programming and senior services. These are high level presentations meant to share the most important information quickly. Lightning talks will take place on Tuesday with full-delegate participation.

F. Networking

Individuals with experience facilitating large group networking and collaboration experiences may apply referencing their experience and topic areas of facilitation.

Notice of Acceptance

All submissions will be reviewed by the Conference Program Committee which will select the most relevant submissions. We thank all applicants, but only successful applicants will be informed by mid-July. Please ensure all contact information is current and correct, updating us with any changes ASAP. The primary contact person listed will be the only individual contacted regarding a submission.

Registration for Presenters

Presenters wishing to also participate in other conference activities, outside of their own presentation, are asked to register as a delegate with regular conference fees. This covers the costs of the hotel, meals etc. Please contact the Conference Committee with inquiries at info@oacao.org.

Application for Presenters

Interested applicants should complete the online application form using the following link: <https://www.surveymonkey.com/r/AgingWell2025>

Additional conference information is also available on the OACAO website at:
<https://www.oacao.org/events/aging-well-conference/?tab=about>

If applicants require an alternative format for submission, please contact: info@oacao.org.

Please designate one main contact if applying as a group as communication will be directed to one person only.

Submission Deadline: Monday June 2, 2025

Older Adult Centres' Association of Ontario
Association des centres pour aines de l'Ontario

P.O. Box 65, Caledon East, ON L7C 3L8
toll free: 1-866-835-7693 local phone: 905-584-8125
fax: 905-584-8126 www.oacao.org



OACAO Annual Conference
AGING WELL
EMBRACE CHALLENGE • INSPIRE CHANGE
November 2 - 4, 2025 • Mississauga

2025 Presenter Application

Submit online by June 2, 2025 at

<https://www.surveymonkey.com/r/AgingWell2025>

Name:

Organization Name:

Address:

Primary Phone:

Alternate phone:

Email:

Additional Presenters: name, organization and email

(note: all communication will be directed to main contact listed above)

Title of Presentation:

Summary of Presentation:

By the end of the Presentation, participants will have learned:

(please list 3-5 learning outcomes that participants will take away from your session)

Biographical Information:

(Current position, past/relevant experience, etc.)

Intended Audience or Topic Area (select all that apply):

Technology Education

☐

Diversity, Equity, Inclusion & Accessibility

☐

Social Prescribing

☐

Capacity & Sustainability

☐

Policy and Procedure

☐

Is your session applicable to:

Municipal

☐

Not for Profit

☐

Both

☐

For which presentation format are you applying for?

☐

Workshop presentation:

☐

30 minutes

☐

60 minutes

☐

75 minutes

☐

Lightning Talks (adaptable creative ideas and trends): 7 – 10 minutes

☐

Networking facilitator

Keynote?

Yes

☐

No

☐

If you were not selected as a keynote would you still have interest in presenting for a regular workshop? Yes No

Language of presentation: English

☐

Français

☐

Total Fee (if applicable): \$ _____

☐

Plus HST

Negotiable? Yes No

Please consider that we are a not-for-profit charitable organization when providing your fee.

Questions can be directed to 905-584-8125 or 1-866-835-7693 or info@oacao.org

Submit applications to <https://www.surveymonkey.com/r/AgingWell2025> by June 2, 2025

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OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

