

**For
Seniors
55+**

Seniors Active Living HEALTH AND WELLNESS FAIR

**Tuesday
March 25, 2025
10am-2pm**

**Leaside Memorial
Community Gardens**

**1073 Millwood Rd
Toronto, ON, M4G 1X6
(William Lee Room)**

For more information contact:

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New Clients:

**Register at the fair
for a chance to win
a special wellness
prize**

**Raffle Prizes
Exercise Sessions
Workshops
Entertainment**

**Get Free
Screenings & Information**

*Blood Pressure
Diabetic Testing
Hearing Tests
Nutrition
Safety In the Community
Fire Prevention
and so much more!!!*

**Come join us and receive
information regarding health
and wellness for seniors**