

Seniors' Health & Wellness Fair 2025



**CALL
519-688-2520
FOR
MORE
INFORMATION**

WHEN: Wednesday, March 5, 9:30 am - 2:30 pm

WHERE: Tillsonburg Senior Centre, 45 Hardy Avenue, Tillsonburg

WHAT: Free admission, educational seminars, information booths, free healthy snacks and refreshments courtesy of Lifetimes Living Inc. (Tillsonburg Retirement Residence Park Place Retirement and Oxford Manor) and Sobeys Tillsonburg, free blood pressure and hearing screening, draw prizes, give-aways and unique interactive opportunities!

WHO: Open to all seniors and those who want to learn about healthy, active living

**Hosted by the Tillsonburg Senior Centre in partnership with the
Older Adult Centres Association of Ontario and funding support from the
Government of Ontario**



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:

