

SENIORS' ACTIVE LIVING FAIR

Thursday Feb 6, 2025
9:30 AM - 2:30 PM
The Boys & Girls Club
Gymnasium
184 Horton Street, London, ON

Featuring
Interactive workshops
Fitness Demos
Wellness Resources
Free lunch (pre-register)

The **event is free** and open to everyone. Pre-register at EVENTBRITE link to get a FREE light lunch.

in partnership with the OACAO (Older Adult Centres' Association of Ontario) & The Ministry for Seniors and Accessibility



