



# Adult 55+ Active Living Fair

**Saturday, Feb. 1, 2025 from 10 a.m. to 2 p.m.**

**Burlington Seniors' Centre, 2285 New St., Burlington**

Join us for our Adult 55+ Active Living Fair showcasing many of the services available to older adults in our community! Enjoy a warm meal or refreshments at no cost from our Bistro in the lounge with others and speak with a broad range of exhibitors on topics ranging from Home Care, Volunteer Opportunities, Regional and Municipal Services, foot care, and so much more!

## **Adult 55+ Active Living Fair Event Schedule:**

- Tradeshow: 10 a.m. to 1 p.m.
- Educational Seminars: 11 a.m. to noon and 1 to 2 p.m.
- Bistro Service: 10 a.m. to 2 p.m.,  
lunch served from 11:30 a.m. to 1:30 p.m.

Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés

Est. 1973



The Burlington Seniors' Centre is conveniently located on Burlington Transit's Route 4 and 10. Using a PRESTO card, Seniors 65 years of age or older ride the bus for free every day! For help planning your bus trip, please call 905-639-0550.

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