



**REXDALE**  
COMMUNITY HEALTH CENTRE



# Information & Active Living Fair

**Adults 55+ & Their Families**



Friday, November 29th, 2024  
Rexdale Hub  
21 Panorama Court  
10:00 am - 2:00 pm



**No Charge—All Welcome!!**

- **Information Booths**
- **Door Prizes**
- **Health Screening Clinics**
- **Healthy Living Workshops**
- **Fitness Demonstrations**
- **Refreshments**
- **Entertainment**

This event is co - hosted by RCHC and the OCAO and is sponsored by the Ontario Ministry for Seniors and Accessibility.



CENTRE DE SANTÉ COMMUNAUTAIRE  
**REXDALE**  
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Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

**OCAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés



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