

The Upper Ottawa Valley Seniors Friendship Club invites you to the Seniors Active Living Fair

Deep River Legion
Thursday, Oct. 3, 2024
11am - 3pm

**This is a free event
for area seniors,
caregivers and
their families.**

FREE Healthy
Snacks,
Exhibitors,
Speakers,
Demonstrations,
...and more



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



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