



# NCCEEP

NIGERIAN CANADIANS FOR CULTURAL EDUCATIONAL & ECONOMIC PROGRESS

# SENIORS' ACTIVE LIVING FAIR



## Fair Will Include

- Chair and Dancing Exercises
- Cybersecurity and Fraud Workshop
- Optometry Demonstration
- Healthy Lunch and Refreshments
- Health and Seniors Vendors
- Local Politicians
- Local Health Unit
- Door Prizes/Draw

## Date

Saturday October 19, 2024

## Time

1-5pm

## Location

991 King St E, Kitchener



**To be a vendor,  
contact us at:**

[info@ncceep.com](mailto:info@ncceep.com)

# FREE

We encourage all seniors, caregivers, and families with seniors to join us for this informative Living Fair

For more information please contact us at:

[info@ncceep.com](mailto:info@ncceep.com)

Ontario 

  
**BCCEEP**  
Black Canadians for Cultural, Educational and Economic Progress

**OACAO**  
The Voice of Older Adult Centres  
La voix des centres pour aînés

In partnership with the Older Adults Centres' Association of Ontario with funding provided by the Government of Ontario