

# Grand Finale Senior Center

## SENIOR WELLNESS FAIR

Saturday, Oct 19, 2024

10:00 am-4:00 pm

Knox United Church site

3 Roy St., Emo

Live  
Demos

Healthy  
Snacks

Prizes

Email: [grandfinalecenter@gmail.com](mailto:grandfinalecenter@gmail.com)

Call Cindy: 807-279-0663

- \*You're invited to our 1st annual health fair featuring services for older adults in Emo and surrounding areas
- \*presentations on healthy active living relevant to older adults
- \*FREE of charge for 55+ seniors, practitioners & caregivers

Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres  
La voix des centres pour aînés

Est. 1973

50  
years of service

Funding provided by:

Ontario 