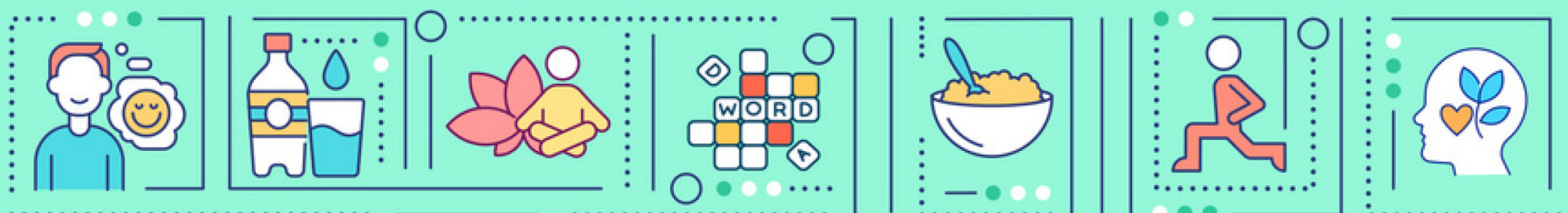


ACTIVE LIVING HEALTH FAIR

THURSDAY, SEPTEMBER 12TH, 2024

10:00 AM - 2:00 PM

**1 OVERLAND DRIVE,
BETTER LIVING COMMUNITY CENTRE**



Better Living is hosting an informative and fun day with
FREE workshops, demonstration, healthy snacks, and
exhibitors featuring unique services and programs to
keep you healthy, active and independent!

.....

For more information, please contact
the **Better Living Front Desk** at
416-447-7244 ext. 622 or at
frontdesk@betterlivinghealth.org

*Better Living Active Living Centre In partnership with the Older Adult Centers'
Association of Ontario (OACAO) and sponsored by the Province of Ontario:*