

**JOIN US...
FOR OUR FIRST SENIORS**

ACTIVE LIVING FAIR

Thursday, March 7th, 2024: 10:30-2:30 pm

Registration Required by Feb. 29th

✓ **FREE event & includes light lunch**

✓ **Blood Pressure Checks**

✓ **Door prizes, gift bags, resources**

✓ **Short, Health Info. Sessions**

✓ **Active Sessions**



📱 **SCAN ME**



TO REGISTER:
SCAN, CLICK HERE, OR CALL

📞 **613-582-3685**

📘 **On our FB page...**

📍 **Cobden Agricultural Hall;
43 Astrolabe Rd., Cobden**

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Funding provided by:

Ontario 