

# SENIORS ACTIVE LIVING & LIFESTYLES FAIR

*Hosted by Community Centre 55*

**Thursday, March 7, 2024**

**10:00 a.m.- 2:00 p.m.**

**Beaches Sandbox**

**2181 Queen St. E., Toronto**

Join us for an informative and FREE day of workshops, active demonstrations, health clinic, healthy snacks and health related exhibitors featuring unique services and products to keep you independent and active!

Please contact Jade at 416-691-1113 or at [jade@centre55.com](mailto:jade@centre55.com)



Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés



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