

## Seniors Active Living

## 

Wednesday February 28, 2024 11:00am - 2:00pm

**Jenner Jean-Marie Community Centre** 

48 Thorncliffe Park Drive Toronto, ON, M4H 1J7 (Lower Level)

Come join us and receive information regarding health and wellness.

## For more information contact:

Elaine Tountas 416-424-2900 Ext. 4704 etountas@tno-toronto.org

Adil Patel 416-424-2900 Ext. 4703 apatel@tno-toronto.org For Seniors 55+
New Clients: Register at the
fair for a chance to win a
special wellness prize



Raffle Prizes
Exercise Sessions
Workshops
Entertainment

## Get Free Screenings & Information

Blood Pressure
Diabetic Testing
Hearing Tests
Nutrition
Safety In the Community
Fire Prevention
and so much more!!!



