

# USE TO FLU

## IT'S TIME TO INSIST THE ANNUAL FLU SHOT BE PART OF THE **FIGHT** **AGAINST** **HEART DISEASE**



sanofi



**INFLUENZA IS  
COMMONLY  
CALLED  
THE FLU**



**INFLUENZA INCREASES  
THE RISK OF HEART  
ATTACK BY MORE THAN**

**10X**

In the first 7 days after  
contracting the flu<sup>1</sup>



**ALL AGE GROUPS CAN BE  
AFFECTED BY THE FLU**

But some groups are more at  
risk than others



**VACCINATION CAN  
REDUCE THE RISK OF  
HEART ATTACKS DUE TO  
FLU BY AS MUCH AS**

**45%**<sup>2</sup>

**HEALTHCARE DIRECT  
COSTS INCREASE BY  
UP TO **2X****

**FOR PATIENTS WITH  
AT LEAST ONE  
COMPLICATION**

compared to those  
without complication.<sup>4</sup>



**PEOPLE ARE **14X**  
MORE LIKELY TO GET  
VACCINATED IF HEALTH  
PROFESSIONALS  
RECOMMEND  
IT<sup>3</sup>**



**CARDIOVASCULAR  
DISEASE  
DISPROPORTIONATELY  
AFFECTS  
DISADVANTAGED  
GROUPS<sup>5</sup>**

It is even more important  
to consider  
preventive action.



**THE ELDERLY, PEOPLE WITH  
UNDERLYING HEALTH  
CONDITIONS SUCH AS  
HEART DISEASE, CHILDREN  
UNDER 5 YEARS OLD, AND  
PREGNANT WOMEN**



**ARE AT GREATER RISK  
OF SEVERE DISEASE  
OR COMPLICATIONS  
WHEN INFECTED<sup>6</sup>**



1. Kwong J. et al., 2018; doi: 10.1056/NEJMoa1702090 Warren-Gash C. et al., 2018; doi:10.1183/13993003.01794-2017; Ohland J. et al., 2020; doi:10.2807/1560-7917.ES.2020.25.17.1900199  
2. Macintyre C. et al., 2016; doi: 10.1136/heartjnl-2016-309983 3. Lewis-Parmar H et al., 2002; PubMed PMID: 12166297 4. Karve S. et al. 2013; doi.org/10.1007/s40258-013-0020-6  
5. Sperling L. et al., 2021; doi:10.1001/jamacardio.2020.3983. 6. [https://www.who.int/en/news-room/fact-sheets/detail/influenza-\(seasonal\)](https://www.who.int/en/news-room/fact-sheets/detail/influenza-(seasonal))