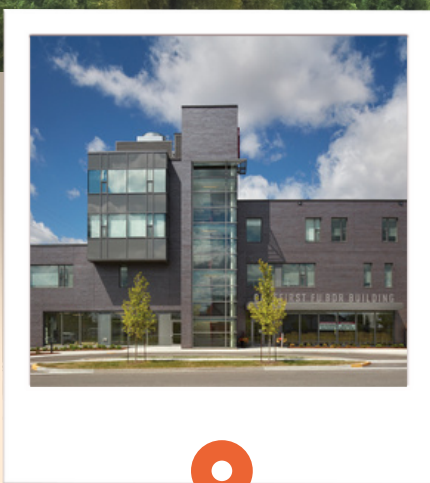


SENIORS INFORMATION & ACTIVE LIVING FAIR

FREE EVENT

Thursday December 14, 2023
10:00am – 2:00pm



Carefirst One Stop Multi-Services Centre
300 Silver Star Blvd, Scarborough



ACTIVITIES

HEALTH SESSIONS – EXERCISE DEMONSTRATIONS
INFORMATION BOOTHS
PRIZES – FREE HEALTHY SNACKS

Come and discover the different ways to ensure and enrich a healthy, active and fulfilling lifestyle!

www.carefirstontario.ca
wellness@carefirstontario.ca
416.847.8939

CAREFIRST RADIOTHON WILL TAKE PLACE ON THE SAME DAY

