

ECHO CENTRE'S SENIOR ACTIVE LIVING HEALTH FAIR



November 23rd | 9:30am - 4:00pm

RSVP by November 16th

Presentations and Demonstrations will be taking place throughout the day!

- **Learn more about living a Healthy and Active lifestyle**
- **FREE OF CHARGE**
- **Light Lunch Provided**
- **ALL ARE WELCOME!**

Contact us to register or for more information:

613-628-2354

or

info@eganvilleseniors.com

We acknowledge and thank the Government of Ontario for the funding provided to the Older Adult Centres' Association of Ontario for the implementation of the 2023- 2024 Seniors Active Living Fair project.

Funding provided by:



Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Ontario 