

# The Seniors' Centre for Excellence

FRIDAY,  
OCTOBER 20,  
2023

## HEALTH & WELLNESS

10 am - 2 pm

*fair*

...with flair

*Free Admission*  
Everyone Welcome



**PMD ARENA HALL**

68 Main St W, Drayton, ON N0G 1P0

### Join us for:

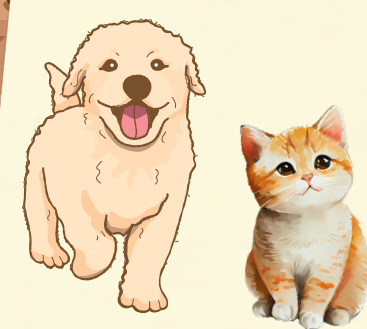
A great  
Health &  
Wellness  
Fair ✓

20 + agencies  
serving our  
communities

"Mini  
Market"  
with great  
vendors

Interesting  
workshops of  
interest to  
older adults

Healthy  
Snacks & a  
Delicious  
Lunch



FREE  
Swagbags



Door Prizes  
&  
Giveaways

A few  
surprises!



**SENIORS' CENTRE** *for* **EXCELLENCE**



Older Adult Centres' Association of Ontario  
Association des centres pour aînés de l'Ontario

**OACAO**

The Voice of Older Adult Centres  
La voix des centres pour aînés

celebrating

**50**  
1973 - 2023

Funding provided by:

**Ontario**

