


Links2Wellbeing aims to transform the way healthcare providers link older adults in Ontario to social and recreational opportunities to promote holistic health and well-being. Currently funded to 2028, we offer ongoing opportunities for partnership.



2800+ Referrals
Received

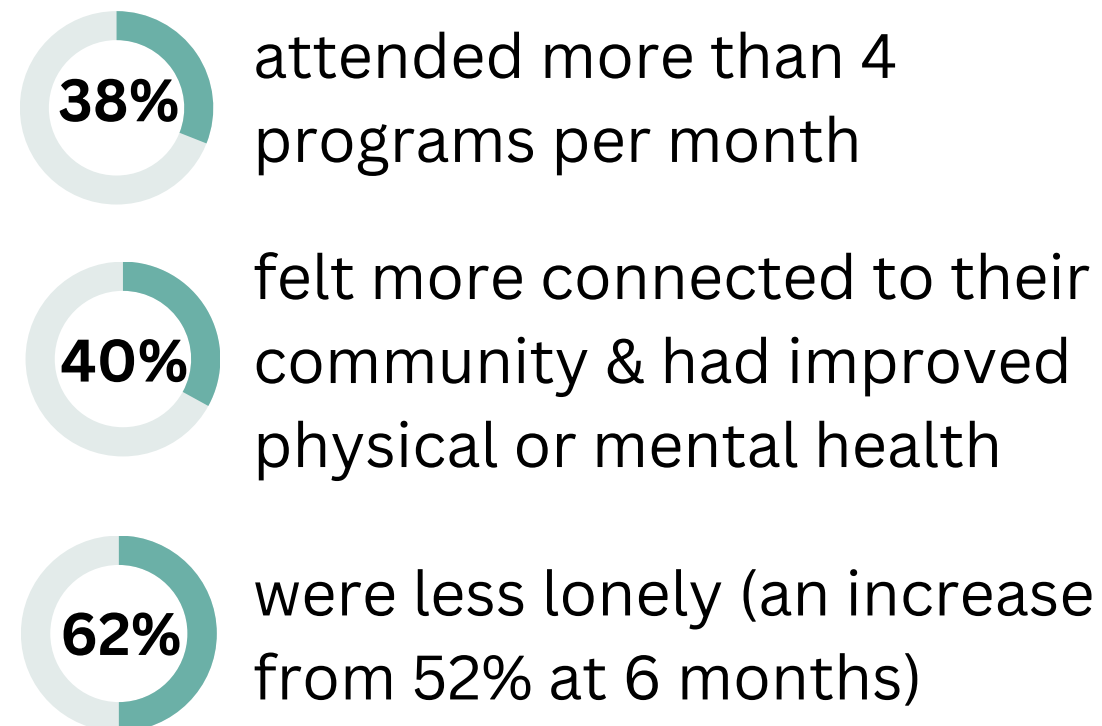


130+ Seniors Active
Living Centres

Over 325 healthcare partnerships, including:

- ★ Family Health Teams
- ★ Community Health Centres
- ★ Mental Health Practitioners
- ★ Hospitals

L2W participant impacts:



Most participants are receiving subsidies to remove the financial barriers to participation

“One of my clients went from zero socialization to going to a SALC 2 or 3 times a week... I can confidently say that the social prescription to and subsequent experience at a SALC was the primary reason for me being able to discharge that client.”

Links2Wellbeing referral partner;
Mental Health professional

Meaningful volunteer and student roles



140 volunteers
28 students

