



Fitness Instructor Job Posting

Position: Part Time Fitness Instructor for the “Mall Movers” Program
Location: Centerpoint Mall
Start Date: January - February 2020,
Time: Proposed class time: 7:45 – 8:45 a.m. / one morning per week
Salary: \$30/hr / class

Background Information:

Active Aging Canada is a national charity, incorporated in in 1999. We have developed a structured, mall walking program in Centerpoint Mall. It includes a stretch /strengthen/balance class followed by a mall walk, targeting older adults of all abilities.

Job Description:

Within the hour, you would conduct a 30-minute strength and balance class in the mall, take attendance and hand out resources. An orientation to the program and the organization can be arranged.

Qualifications:

- Current certification as a fitness instructor through a recognized training program
- Specialty certification to work with older adults
- Previous experience working with older adults of ALL abilities (mobility, cognitive and sensory limitations) an asset.

Must also possess:

- Current Police Reference Check for vulnerable populations
- Liability Insurance

Contact: Please send your resume to:

Patricia Clark, Active Aging Canada National Executive Director exdir@activeagingcanada.ca

Deadline: Our current leader has completed her last class in December, so we would like to start up the classes again as soon as possible in the new year. If interested, please send in your resume by **Thursday, January 30th, 2020.**