



Seniors' Active Living Fair



**Wednesday,
February 15th 2023
10 am - 3 pm
Open for Everyone**

**To register for this event please contact us at:
416-284-4184 ext. 246**

- Community Agency Tables
- Guest Speakers
- Demonstrations
- Free Hearing Clinic
- Door Prizes
- Lunch provided*

*for first 100 seniors to register

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Funding provided by:



**For more information, contact Amena Begum at
abegum@mfrfc.org / 437-324-7350 / 416-284-4184 ext. 246**