

THIS FLU SEASON, GET THE FLU SHOT.

KNOW YOUR RISK

Nearly **1 in 2 CANADIANS** age 50+ have at least one high-risk condition: **OBESITY, DIABETES, ASTHMA, HEART DISEASE, COPD, CANCER, OR STROKE.***

Getting the flu can put adults 50+ at high risk of flu-related complications:



Worsened kidney disease and diabetes



Increased risk of heart attack and stroke



Worsened asthma/COPD, bronchitis and pneumonia



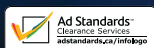
Increased risk of flu-related hospitalization and death

Vaccination is the most effective way to protect yourself against the flu.

Go to myflushot.ca for more information and to find a clinic near you.

Vaccination does not protect 100% of individuals. Side effects and allergic reactions can occur. Talk to your doctor or pharmacist to see if the flu vaccine is right for you.

* Estimated in 2015



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