



SENIORS ACTIVE LIVING & LIFESTYLES FAIR

Hosted by Community Centre 55

Wednesday, March 11, 2020

10:00 a.m.- 2:00 p.m.

Beach United Church

140 Wineva Ave, Toronto

Join us for an informative and FREE day of workshops, active demonstrations, health clinic, healthy snacks and over 25 health related exhibitors featuring unique services and products to keep you independent and active!

Please contact Jade at 416-691-1113 or at jade@centre55.com for more information.

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés



Ontario 